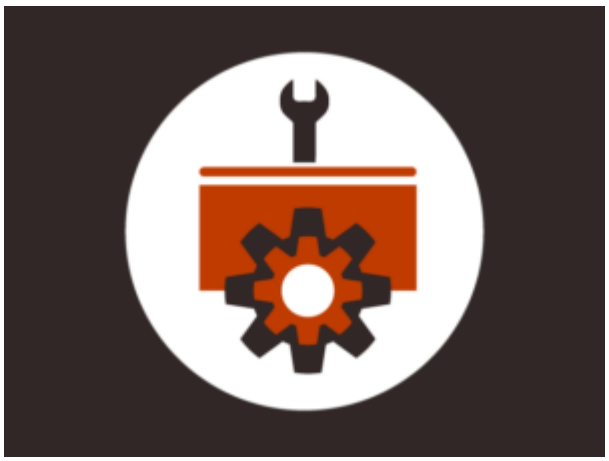
Stairways and Ladders Sample Lesson Plan



A 10-hour sample training program for stairway and ladder safety.

Overview of OSHA Standard

The OSHA rules apply to all stairways and ladders used in construction, alteration, repair (including painting and decorating), and demolition of worksites covered by OSHA’s construction safety and health standards. They also specify when stairways and ladders must be provided. They do not apply to ladders that are specifically manufactured portable ladders intended for general purpose use and which are then used for scaffold access and egress. Rules for ladders used on or…