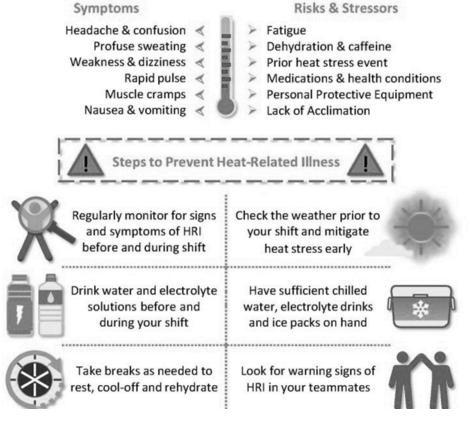
Preventing Heat-Related Illnesses Infographic



Heat-Related Illness Prevention



As temperatures begin to rise with the approaching spring and summer months, so does the risk of heat-related illnesses (HRI) for EMS providers. Common types of heat illnesses include heat exhaustion, heat cramps, heat stroke and muscle breakdown.



Source: https://www.vdh.virginia.gov/