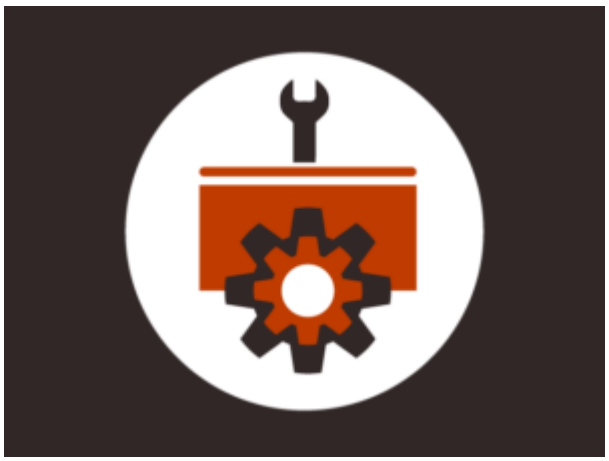
OSHA Young Workers Fact Sheet



A handout on the hazards and special needs of youth in the workplace including young or teen workers education training and cooperative program.

Young Workers

Most youth find paid employment, either during the summer or year-round, before graduating from high school. Young workers, ages 14-24, are at risk of workplace injury because of their inexperience at work and their physical, cognitive, and emotional developmental characteristics. They often hesitate to ask questions and may fail to recognize workplace dangers. OSHA has made young workers a priority within the agency and is committed to identifying ways to improve young worker safety and health. OSHA’s Young Worker Initiative addresses this group’s safety and health through a multi-pronged outreach program.

OSHA Outreach

OSHA offers multiple outreach resources to help young workers and their employers, parents, and teachers prevent and reduce injuries and…