

# Lyme Disease Infographic



# LYME

## DISEASE PREVENTION

The Lyme Disease Association has as one of its goals to stop the spread of Lyme & other tick-borne diseases. The following points can be helpful for addressing the issue of Lyme disease prevention and control.



### BE TICK WISE IN THE FALL & CHECKOUT REPELLENTS

Fall is here and ticks are very active. If you are planning time outdoors, it is important to consider how to prepare yourself and your family, how to dress, tick checks, property prevention and other ways to avoid tick exposure and bites.



### INFORMATION ABOUT TICK-INSECT REPELLENTS

Get the information from The Environmental Protection Agency (EPA) on products which protect you against insects and/or ticks. Check out products and compare them for hourly protection. <https://lymediseaseassociation.org/about-lyme/prevention/1244-tick-insect-repellents>



### PROPERTY PREVENTION: TRICKS TO STOP TICKS

Ticks are most likely to be in woods, where woods meet lawn, where lawn meets fields, tall brush/grass, under leaves, under ground cover (low growing vegetation), near stone walls or wood piles, shady areas, around bird feeders, outside pet areas. Know the methods to prevent them.

Source: <https://lymediseaseassociation.org>