

After 'Let's Talk': What's Next for Employee Wellbeing in 2024?



Recorded Date: January 24, 2024

Time: 9:00-10:00 AM (PST)

Speaker: Jesse Fehr, Impact Advisor @ Headversity

Presented by Headversity

Every individual's path to mental wellbeing is distinct, and in a world where delayed support can lead to significant challenges, the need for immediate, accessible care is more important than ever. Join us for a webinar where we'll dive into effective strategies for mental health in the workplace as we enter 2024. We'll focus on the critical role of prevention for today's workforce needs, showcasing insights and impactful examples of how personalized, round-the-clock mental health support is transforming employee wellbeing. Join us for this 'Bell Let's Talk' themed webinar that will cover strategies to set your corporate mental health strategy in 2024 up for success.

We are enthusiastic about your participation and the invaluable insights you will bring to this conversation. Your presence will greatly contribute to the depth and diversity of perspectives in this crucial dialogue.

Please mark your calendar for this event as we embark on a meaningful discussion surrounding mental health, wellness, and strategies for fostering a supportive workplace culture. Further details and the webinar link will follow shortly.

Thank you for your dedication to promoting mental well-being. We eagerly anticipate your presence at this impactful event.



- Jesse is from Calgary, Alberta and is an Impact Advisor at Headversity,

informing the behavioral science that guides the training content on its workforce mental health and resilience platform. He completed his undergraduate degree in psychology at Harvard University and his master's in management studies at Duke University. In addition to working at *Headversity* as an Impact Advisor, he is currently completing his master's in counselling psychology. Outside of work, Jesse is a former collegiate and professional lacrosse player and is still actively involved in coaching youth and junior lacrosse in the Calgary area.