

Diving Underwater Work Safety Infographic



DIVING SAFETY

Is scuba diving a dangerous sport? No, it's not. In fact, diving is considered to be safer than many other more conventional sports.



1 PLAN THE DIVE, AND DIVE THE PLAN

Planning a dive is vital when it comes to safety.



2 DIVE WITHIN YOUR LIMITS

Under no circumstances should you dive beyond your limits.



3 LOOK AT YOUR GAUGES REGULARLY

This might sound obvious but you'll be surprised how many accidents occur because divers don't just look.

4 VERIFY THE SAFETY OF YOUR EQUIPMENT

Check your equipment before you go diving. Make sure everything has been serviced and maintained properly.



5 MAKE SURE YOU ARE READY TO DIVE

In addition to your equipment, your body needs to be ready to dive. Don't dive if you are feeling ill or otherwise unprepared to dive.