

# Cold Water Survival Infographic





## Cold Water - Safety



### Plan for Immersion

- Dress for the water temperature, NOT the air temperature, this includes a wetsuit or drysuit
- Always wear a life jacket
- More resources visit: [weather.gov/safety/coldwater](http://weather.gov/safety/coldwater)



What to do if someone falls into cold water:

1. Call 911
2. Get the person out of the water and into someplace warm immediately
3. Remove clothing if possible and dry the victim
4. Wrap the person in warm blankets or coats and lay him/her face up, Do NOT massage limbs
5. Give the person warm drinks or high-energy foods if he/she is conscious



Because



**Cold Water  
Can Kill!**



[weather.gov/safety/coldwater](http://weather.gov/safety/coldwater)

Source: <https://storymaps.arcgis.com>