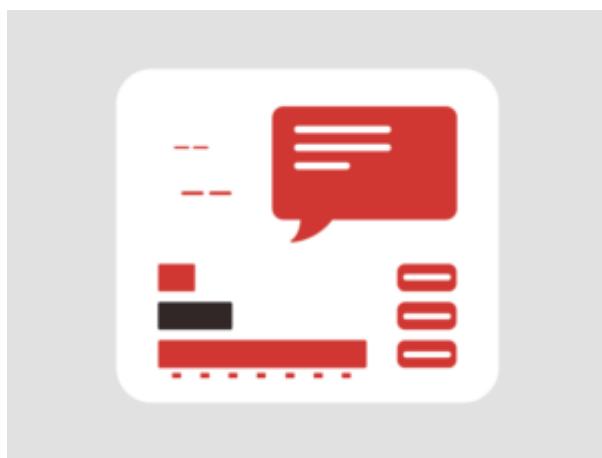


Cold Stress – Landscaping Infographic – Spanish



OLA DE FRÍO Y SALUD

HIPOTERMIA

A circular illustration of a person with long dark hair, wearing a dark coat and pants, standing with arms crossed and looking distressed, suggesting hypothermia symptoms.

- Padecer una temperatura corporal anormalmente baja.
- El cuerpo pierde calor con más rapidez de la que es capaz de compensar nuestro sistema de termorregulación.
- Puede afectar al cerebro y dificultar el movimiento y el pensamiento

SEÑALES DE HIPOTERMIA

A circular illustration of a person with short hair, wearing a light-colored coat and pants, standing with arms crossed and looking distressed, surrounded by small snowflakes, indicating hypothermia symptoms in adults.

En adultos

- Tremors due to cold
Exhaustion
Difficulty speaking
Drowsiness and confusion

A circular illustration of a person with short hair, wearing a light-colored coat and pants, sitting cross-legged and sleeping with two 'Z' symbols above their head, surrounded by small snowflakes, indicating hypothermia symptoms in infants.

En lactantes

- Decreased energy
Red skin
Skin is shiny and cold

Fuente: <https://www.semfyc.es>