

# Cold and Flu Safety Topic



This section addresses the health and safety risks associated with the common cold and flu (influenza) in the workplace.

## **General Information**

Though both the common cold and flu present similar symptoms and both are respiratory illnesses, influenza can result in much more serious health problems (such as pneumonia, bacterial infections, and even hospitalization). Promoting healthy habits and providing well-being resources to employees can cut back on missed work due to...