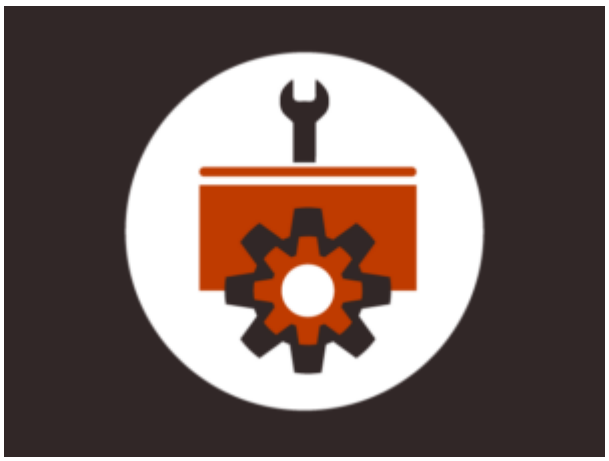
CDC Vitalsigns Recipe for Food Safety



Infographics and information on Listeria infection and prevention.

Protecting people from deadly Listeria food poisoning.

Many germs can be spread through food. Some, like Listeria, can be deadly. Listeria strikes hard at pregnant women and their newborns, older adults, and people with weakened immune systems. Listeria can cause miscarriage and meningitis. Most people found to have Listeria infection require hospital care and about 1 in 5 people with the infection die. Outbreak investigations tell us what foods make people sick and what needs to change to make food safer and save lives. We have made some progress against Listeria, which is the third leading cause of death from food poisoning. However, we can do more to protect people at higher risk for food poisoning and…