

# CDC Vitalsigns Preventing Norovirus Outbreaks



Statistics and information on norovirus outbreaks and the role of the food service in preventing outbreaks.

Norovirus often gets attention for outbreaks on cruise ships, but those account for only about 1% of all reported norovirus outbreaks. Norovirus is very contagious, and outbreaks can occur anywhere people gather or food is served. People with norovirus usually vomit and have diarrhea. Some may need to be hospitalized and can even die. Infected people can spread norovirus to others through close contact or by contaminating food and surfaces. Food service workers who have norovirus can contaminate food and make many people sick. In norovirus outbreaks for which investigators reported the source of contamination, 70% are caused by infected food workers.

The food service industry can help prevent norovirus outbreaks by:

- Making sure that food service workers practice proper hand washing and...