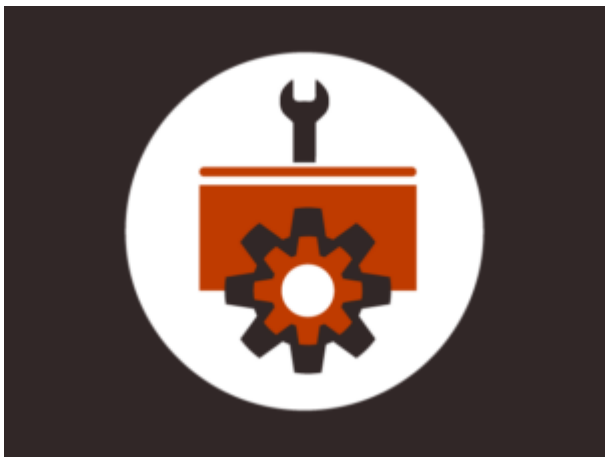
CDC Vitalsigns HIV Care Saves Lives



Information on HIV and the importance of viral suppression as a way to combat the disease.

Viral suppression is key for people living with HIV. Viral suppression means having very low levels of HIV in the body, even though the virus is still there. Achieving viral suppression by taking HIV medicines allows people living with HIV to have nearly normal lifespans and greatly reduces their chances of transmitting the virus. While we have made progress in HIV prevention and care, only 30% of all people living with HIV have achieved viral suppression. If they are in HIV medical care, however…