

# CDC Vitalsigns Alcohol Poisoning Deaths



Information on the consequences of binge drinking and other abusive behavior due to alcohol consumption.

## **A deadly consequence of binge drinking..**

On average, 6 people died every day from alcohol poisoning in the US from 2010 to 2012. Alcohol poisoning is caused by drinking large quantities of alcohol in a short period of time. Very high levels of alcohol in the body can shutdown critical areas of the brain that control breathing, heart rate, and body temperature, resulting in death. Alcohol poisoning deaths affect people of all ages but are most common among middle-aged adults and men.

States and communities can take steps to reduce alcohol poisoning deaths by preventing binge drinking, including:

- Partnering with police, community groups, health departments, and...