By the Numbers - Back Injury



DID YOU KNOW?

15 Back Injury Statistics

- 1. About 80% of adults are estimated to experience a back injury in their lifetime... with roughly 10% suffering a re-injury.
- 2. More than one million back injuries are sustained in the workplace every year
- 3. .Back injuries account for one in every five injuries and illnesses in the workplace.
- 4. 80% of these injuries are associated with manual materials handling tasks.
- 5. Seven occupations accounted for more than 25% of ergonomic injuries, with Heavy and Tractor-Trailer Truck Drivers, Laborers and Freight, Stock and Material Movers, Nursing Assistants, Janitors and Cleaners, Registered Nurses, Maintenance and Repair Workers.
- 6. Back injuries are the most common reason for nonattendance in the general workforce, after the common cold.
- 7. Up to 1/3 of back injuries could be prevented through a better designed job workspace.
- 8. Low back pain is the single leading cause of disability worldwide.
- 9. Back injuries made up 41% of ergonomic injury cases.
- 10. Back disorders account for over 24% of all occupational injuries and illnesses involving days away from work.
- 11. Workers who suffered ergonomic injuries required an average of...